

Holidays and Holy Days

Week 9: Sabbath & The Lord's Day / Lord's Day Celebration

- **Old Testament Feasts and Festivals** – upcoming Class Topics
 - o Jan. 31: Sabbath & The Lord's Day ... Lord's Day Celebration
 - o Feb. 7: Lenten Meditations: The 40 Days / The Sufferings of Christ
 - o Feb. 14: Lenten Meditations: Holy Week / The Cross
 - o Feb. 21: Lent and Passover / Passover Seder
 - o Feb. 28: Atonement / No Substitution for Substitution
 - o Mar. 7: Easter Celebration / Resurrection, Ascension, Pentecost & Return

- **Practice of the Sabbath Today:**

- o **Westminster Longer Catechism on 4th Commandment** (Q. 116, 117)

Q: *What is required in the fourth commandment?*

A: The fourth commandment requireth of all men the sanctifying or keeping holy to God such set times as he hath appointed in his word, expressly one whole day in seven; which was the seventh from the beginning of the world to the resurrection of Christ, and the first day of the week ever since, and so to continue to the end of the world; which is the Christian sabbath, (Deut. 5:12–14, Gen. 2:2–3, 1 Cor. 16:1–2, Matt. 5:17–18, Isa. 56:2,4,6–7) and in the New Testament called The Lord's day. (Rev. 1:10)

Q: *How is the sabbath or the Lord's day to be sanctified?*

A: The sabbath or Lord's day is to be sanctified by an holy resting all the day, (Exod. 20:8,10) not only from such works as are at all times sinful, but even from such worldly employments and recreations as are on other days lawful; (Exod. 16:25–28, Neh. 13:15–22, Jer. 17:21–22) and making it our delight to spend the whole time (except so much of it as is to be taken up in works of necessity and mercy (Matt. 12:1–13)) in the public and private exercises of God's worship: (Isa. 58:13, Luke 4:16, Acts 20:7, 1 Cor. 16:1–2, Ps. 92, Isa. 66:23, Lev. 23:3) and, to that end, we are to prepare our hearts, and with such foresight, diligence, and moderation, to dispose and seasonably dispatch our worldly business, that we may be the more free and fit for the duties of that day. (Exod. 20:8,56, Luke 23:54, Exod. 16:22,25-26,29)

- o **How did Jesus “fulfill” the Sabbath?**

- o **Does that change the Sabbath?**

- **Biblical Evidences of Sabbath Continuance / Discontinuance**
 - **Creation Ordances:** Marriage, Family, Work, Sabbath
 - **10 Commandment** ... blessed / holy/ serious penalty ... but also one some say not specifically mentioned to still be in place in NT
 - **NT Uses:** 50 Sabbath in Gospels, 10 in acts...
 - **Jesus:** Matt. 12:1-12, 11:28-30 (Mark 2:23-28; Luke 6:1-9)
 - **Paul:** Romans 14:5-9, Galatians 4:8-11, Colossians 2:16-23
 - **Entering God's Rest:** Hebrews 4

- **Is Sunday 'the Sabbath', 'the Lord's Day', or both?**
 - Why did church change day? What did it look like in NT times?
 - "Number 1 of the Sabbath" / "Marrow after the Sabbath"
 - Sunday, Wave Grain, Pentecost, Jubilee ...

- **Options for Today**
 - Have to Practice – Sabbath as Law for Today (legalism?)
 - Ought to Practice – Sabbath as Model for Today
 - Helpful Practices – Sabbath Principles for Today
 - Not Practice – Sabbath Repealed (what about eternal Sabbath?)

- **Practical Applications for Today**

- **John Piper Summary of the Sabbath** (from 2005 Sermon)

Therefore the Sabbath principle was not abandoned by the early church. The shadow of Christ across this weary world still offers shade, namely, the first day of the week—the Lord’s day. And the meaning of that day is that Jesus is risen and Jesus is Lord and Jesus is Creator and Jesus is Redeemer and Jesus is the only place of rest for the soul. It’s a day for worshipping Jesus. It’s a day for saying by what we do and don’t do that Jesus, not our work and not the money we get from our work, is our treasure and our meaning. It is a special day for the honor and the glory of the Lord. A day for mercy and for man.

- **Lord’s Day Celebration:**

- Resting from our work of the week/ Celebration the Lord’s Day with the Lord’s People
- Psalm of the Sabbath – Psalm 92
- Sabbath Worship & Prayer
- Thanking God for His Work this week
- Thanking God for the Work he is doing in others / Appreciating each other
- Feasting in Celebration of Christ and His Day
- Looking forward to the Spirit’s filling and anointing in His Church
- Setting our minds on the Rest that is to come!